

## **Starters**

Homemade Soup of the Day with French Bread 5.50

Creamy Garlic Mushrooms with Melted Stilton and Crusty Bread 7.25

Lamb Kofta Skewers with a Mint Yoghurt Dressing 7.25

Moules Mariniere with French Bread and Butter 7.50 / 11.75

Duck Pâté with Orange Chutney and Brown Toast 7.00

Chilli Tempura Prawns with a Honey and Ginger Sauce 7.25

## **Vegetarian / Salads / Pasta**

Grilled Goats Cheese, Roasted Beetroot, Pine Nuts and a Balsamic Reduction 9.50

Smoked Salmon and Prawns Marinated in Honey and Dill on a Bed of Salad 10.00

Chicken and Chorizo Pasta with a Tomato, Pepper, Rosemary and Onion Sauce 9.50

Smoked Salmon Tagliatelle with Chilli and Cream Cheese 10.00

Roasted Butter Nut Squash Topped with Feta Cheese Topped with Pine Nuts and Spinach  
with a Mixed Salad 9.50

Tomato, Mozzarella and Basil Tortellini in a Creamy Pesto Sauce with Garlic Bread 9.50

## **Main courses**

Roasted Chicken Breast, Caramelised Onions, Mozzarella, with a Tomato and Basil Sauce Served  
with Sauté Potatoes 12.50

English Lamb Shank slowly Braised with Red Wine, Honey and Rosemary, Served on  
Homemade Coarse Grain Mustard Mash 14.50

Roasted Pork Belly with Black Pudding, Cider, Apple, a 3 Mustard Sauce and Crushed  
New Potatoes 14.25

Pan Fried Duck Breast with Roasted Sweet Potato and a Spiced Plum Sauce 14.50

Grilled Sirloin Steak, Tomatoes, Sautéed Mushrooms, Chips and Salad 16.00  
(Peppercorn or Stilton Sauce 1.00)

**Please see Blackboards for Fresh Fish and Special of the Day**

**All our Main Courses are served with Fresh Vegetables**

## **Chequers Inn Favorites**

Chequers Inn Homemade 8oz Chargrilled Beef Burger, Chips and Salad 9.50

Gluten Free Lasagne with a Mixed Salad 9.00

Homemade Chilli Con Carne with Basmati Rice 9.50

Classic Bangers (Local Pork and Leek) with Baked Beans & Chips Or Mash & Onion Gravy 9.00

Home Cooked Honey Roasted Ham with Fried Eggs and Chips 9.50

Traditional Liver and Bacon, Mash and Onion Gravy with Fresh Vegetables 10.00

Lightly Fried Whitebait with a Sprinkling of Paprika with Brown Bread and Butter 7.50

Homemade Lasagne with Salad and Garlic Bread 9.75

Bowl of Nachos with Melted Cheese and all the various bits 7.50 / 10.00

Cod Fillet Battered in Ringwood Beer, Tartar Sauce, Mushy Peas and Chips 10.00

Garlic Bread Cheese and Prawns with Salad 8.50

Fried Chicken Goujon's, Chips and Salad with a Garlic Mayonnaise Dip 9.75

Breaded Whole Tail Scampi with Chips and Salad 10.00

## **Lunch Times Only**

**Country Ploughman's with Baguette, Apple, Pickle, Cucumber, Tomato, Pickled Onion**

Choice of: Cheddar, Brie, Stilton, or Ham 8.00

**Filled Baguettes with a Salad Garnish and Crisps**

Cheddar, Stilton or Brie 7.00

Ham, Bacon or Prawns, 7.50

Sausage or Steak with Caramelised Onions 8.00

**Smaller Appetite / Children's Portions Available, Please Ask.**

**Please ask if you have any allergy problems some meals contain nuts etc. We have a list**

**Sunday Roasts, Beef OR Pork and all the trimmings 10.50**